



Make 18 eggs muffins.

Ingredients:

- 12 Eggs
- 8 Sausage
- Cheese
- ½ Green pepper
- ½ Red or orange pepper
- Onion
- Green onion
- Milk
- Butter flavored spray



We washed and cut the vegetables.



Juan heated the sausage in the microwave. Then he cut the sausage using a fork and a knife.



We cracked the eggs in a bowl.



We beat (mixed, stirred) the eggs.



We added $\frac{1}{4}$ cup of milk.



We added the vegetables and cheese.



We added the sausage. We stirred it together. We mixed it together.



We used a muffin pan and ½ cup measuring cup.



We sprayed the muffin pan with butter spray.



We scooped (pour from a spoon or cup) the egg mixture carefully into the muffin pan using the ½ cup measuring cup.

We made 18 egg muffins with 12 eggs.

Tess put it in the oven at 350 degrees for 8 minutes.

Opinions:

We liked the egg muffins.

Mizael did not like the green peppers when he cut them. He thought the green peppers were GOOD in the egg muffins.

Mizael would like to try with ham and cheese. Juan would like to add pepperoni.

Larimar liked our recipe.